Resources for Parenting Students

Below are resources available in the MCAD area that are useful for students who are also parents. This information is subject to change based on resource availability. If you would like to meet with a staff person or have any questions, please contact Student Affairs at student affairs@mcad.edu.

Medical and mental health coverage and services

- Confidential mental health counseling is available on campus to students in on-campus degree programs, <u>student counseling@mcad.edu</u>
- Medica care the Twin Cities:
 - o Family Tree Clinic
 - o MN Health Care programs
 - o Hennepin County Health Care (Minneapolis)
 - o Ramsey County Health Care (St. Paul)
- Check with your insurance company for local counseling and medical care

Public benefit programs

• MN food and transportation services as well as MCAD Emergency Parachute Fund

Parenting and childcare resources

• Child Care Assistance

Employment assistance

- Cash and Employment
- Avivo Resources
- MCAD Career Development, careers@mcad.edu

Transportation assistance

- United Way
- Non-emergency Medical Transportation Assistance
- Public Transportation Services
- MCAD Public Safety for transportation needs near campus, campus safety@mcad.edu