

# HELP YOUR EMPLOYEES TAKE CONTROL OF THEIR FINANCES



## My Secure Advantage

Studies show that personal finance is the leading source of stress for America's workforce.<sup>1</sup> In fact, 57% of Americans have less than \$1,000 in savings.<sup>2</sup>

### My Secure Advantage™ Money Coaching

Your employees and members of their household receive:

- › 30 days of complementary money coaching from an experienced financial professional
- › A designated Money Coach to personally assist, advise and teach new money habits
- › A private, web portal to communicate with their money coach, and access resources, tools and educational webinars
- › A 25% discount on additional tax planning and preparation services

What's more, individuals who would like to continue working with their Money Coach beyond the Cigna-paid 30-day coaching period may do so on a self-pay basis of \$39.95 per month.

### Identity theft prevention and will preparation

- › Identity theft services including a fraud resolution kit and consultation with a Fraud Resolution Specialist for victims of identity theft or to learn how to better protect oneself from identity theft
- › Online resources to create and execute state-specific wills, powers of attorney and a variety of other important legal documents
- › Free 30 minute legal consultation with a licensed practicing attorney to obtain legal advice or review legal documents, and a 25% discount off of standard fixed or hourly attorney's fees

### WHY ADDRESS THE STRESS?

25%

of U.S., report that issues with personal finances have been a distraction at work.<sup>3</sup>

43%

of those who are distracted by their finances at work say that they spend three hours or more at work each week thinking about or dealing with issues related to their personal finances.<sup>3</sup>

80%

of employees report that they trust their employer to provide sound financial advice.<sup>4</sup>

For more information contact your Cigna Representative.

Together, all the way.®



Offered by: Life Insurance Company of North America or Connecticut General Life Insurance Company.

1. Stress in America™: Coping with Change American Psychological Association, January, 2017.

2. American Payroll Association, "Getting Paid in America Survey" 2017.

3. PWC, "Employee Financial Wellness Survey - 2018 Results" May 2018.

4. Mercer, "Is this the secret to a happy and engaged employee?" January 16 2018.

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